

SUBURBAN STRIDERS RUNNING CLUB MEMBERSHIP FORM AND WAIVER

Please print, fill out and SIGN AND DATE the form below
Mail this form and membership check (made out to SSRC) to:
Sue McNatt, 1252 Central Ave., Needham, MA 02492

CHECKLIST

- Did you join USATF?
- Sign the waiver?
- Enclose your check?

Name: _____

If you are a returning member, fill in this box only with information that has changed from last year:

Address: _____ City, State, Zip: _____

Phone#: _____ Cell #: _____

Email Address: _____

List Allergies/Medical Conditions: _____

Emergency Contact Name: _____

Emergency Contact Phone #: _____

Annual Membership (4/1/17 - 3/31/18) Short Term Membership (list dates) _____

USATF #: _____

(USATF membership is required – please write in “just joined” if you have not received your number yet)

Checking this box authorizes SSRC to use the above information for club purposes (e.g., Membership Directory).

WAIVER & FEES POLICY:

I know that running and participating in club workouts/races are potentially hazardous activities. I understand I should not enter and run in club activities unless I am medically able and properly trained. I assume all risks associated with running in club races including, but not limited to, falls, contact with other participants, the effects of the weather, including heat and/or humidity, the conditions of the road and traffic on the course, all such risks being known and appreciated by me. Having read this waiver and knowing these facts, and in consideration of your acceptance of my application for membership, I, for myself, and anyone entitled to act on my behalf, waive and release the Suburban Striders Running Club, and all sponsors, their representatives and successors from all claims or liabilities of any kind arising out of my participation in these club activities even though that liability may arise out of negligence or carelessness on the part of the persons named in this waiver.

I also understand that all membership fees are non-refundable and are only valid during the time period I've signed up for. In the unlikely event that a situation arises where my behavior is not in keeping with the club's mission, the Board of Directors shall reserve the right to terminate my club membership. By signing my name below, I accept the terms and conditions of the above Waiver and Fees Policy.

Signature: _____ Date: _____